

BLENDED ERASMUS PROJECT PAVIA - PARIS - DUBLIN SKILLS IN CLINICAL PHARMACY

ID code for the BIP: 2021-1-IT02-KA131-HED-000007907-1

COORDINATORS:

PAVIA: Giovanni Ricevuti – PARIS: Dorinne Bontè – DUBLIN: Fabio Boylan

INTERCULTURAL MEETING

-Nutrition – Mediterranean Diet - Wine and Salami

THE ROLE OF PHARMACIST IN NUTRITION

COUNSELING

LECTURED BY Paola Rossi (UNIPV)

PRO LOCO COMUNE DI RONCARO

Via Umberto I, 45 - 27010 Roncaro (PV) - 038294154

13 GIUGNO 2023

TIME 07.00 – 10.00 PM

07.00-10.30 PM	<p>CULTURAL AND GASTRONOMIC EVENT</p> <p>RISOTTATA: dinner with Rice, Salami, Risotto, Vegetables, Sweets, Dessert, Music at PRO-LOCO RONCARO Via Umberto I, 45 27010 Roncaro (PV)</p> <p>-Nutrition – Mediterranean Diet - Wine and salami</p> <p>LECTURED BY Paola Rossi (UNIPV)</p> <p>3 STUDENTS (1 Pavia, 1 Paris, 1 Dublin) will spend some words on eating habits and use of rice in their respective countries.</p>
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Nutrition has become an increasing health concern. From fad diets to exercise programs, the consumer seems to be consulting multiple resources that all provide a different answer in the process of obtaining optimal health. Easily accessible pharmacists may be the sources to answer crucial nutritional issues facing society today. Nutrient counseling and the pharmacist's role in it are of significant interest among researchers. People have tried a variety of diets and exercise regimens; however, there has never been a nutritional strategy for every individual to maintain optimum health. When homecare administrators were questioned about their perception on the number of malnourished patients, 39.6% of those surveyed agreed that most patients are malnourished.¹ Pharmacists receive extensive training on a variety of supplements that enhance a person's overall health; however, many consumers are not aware of a pharmacist's nutrition knowledge. Therefore, consumers do not seek counseling and education about their diet and nutrition from a pharmacist.

General Objectives: Have the necessary knowledge to provide professional pharmaceutical services in the field of nutrition. Update the community pharmacist's nutrition knowledge. Promote nutritional Counseling strategies in community pharmacy based on patient and user approach. Advise patients and users on foods, supplements and nutritional supplements dispensed at community pharmacies. Encourage the acquisition of skills, through a powerful audiovisual system, and the possibility of development through online simulation workshops and/or specific training. Encourage professional stimulation through continuing education and research