The Psychological Counseling Service of the University of Pavia has been created to provide a permanent space of psychological support for students who are going through a period of difficulty with particular regard to: anxiety, depression, social / relational distress, difficulties in stress management.

Consultations can be in English for foreign students.

COVID-19 EMERGENCY
Considering the specific critical situation that the Country is facing, the Service has been arranged online. For the occasion, the Service is also extended to all teaching staff and to the officers of the University of Pavia. There is a maximum cycle of three interviews per user, in order to ensure greater availability of access to as many people as possible.

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Clinical Management